

Vitamin D 1000

Products 4289 & 4290 (Rev 6)

Supplement Facts

Serving Size 1 Tablet

Servings Per Container 250

Amount Per Tablet	% Daily Value	
Vitamin D (as Cholecalciferol)	25 mcg (1000 IU)	125%
Calcium (as Calcium Carbonate, Calcium Citrate)	100 mg	8%
Iodine (from Kelp)	50 mcg	33%
SeaPlex (A proprietary blend of Kelp, Dulse, Spirulina, Sodium Alginate, Bladderwrack, Irish Moss, Chlorella)	25 mg	†

† Daily Value Not Established

Other Ingredients: Microcrystalline Cellulose, Ethylcellulose, Food Glaze, Croscarmellose Sodium, Magnesium Stearate, Silicon Dioxide.